

WEEK 1

THIS WEEK'S MENU

W/C: 03/11/2025, 24/11/2025, 15/12/2025, 05/01/2026, 26/01/2026, 16/02/2026, 09/03/2026

	OPTION ONE	OPTION TWO	GRAB & GO
MON	SAUSAGE AND MASH with Vegetables and Gravy	PAN-ASIAN YELLOW VEGETABLE CURRY with Wholegrain Rice 🌱 🌿 🍷	HOT DISHES: Paninis Pasta and Sauces 🍷 Freshly Baked Pizza Jacket Potato and Topping
TUE	BURGER BAR JERK CHICKEN BURGER with Baked Garlic and Herb Wedges and Salad	BURGER BAR BLACK EYED BEAN BURGER with Baked Garlic and Herb Wedges and Salad 🌱	SALADS: Tuna and Sweetcorn Pasta Salad 🍷 Pesto Pasta Salad 🌱 🌿 🍷 Chicken and Bacon Pasta Salad
WED	ROAST LOIN OF PORK WITH APPLE SAUCE AND STUFFING with Roast Potatoes, Vegetables and Gravy	ROAST QUORN with Roast Potatoes, Vegetables and Gravy 🌱	SANDWICHES/BAGUETTES: Cheese Sandwich Chicken Salad Sandwich 🍷 🍷 Ham Sandwich Tuna Mayo Baguette BLT Baguette
THURS	CHILLI CON CARNE with Wholegrain Rice and Vegetables 🍷 🍷	STREET OPEN CAJUN VEGETABLE FAJITA with Baked Garlic and Herb Wedges and Vegetables 🌱 🍷	WRAPS: BBQ Chicken Wrap 🍷 Chicken Caesar Wrap 🍷 Crunchy Pepper and Houmous Wrap 🌱 🍷
FRI	SOUTHERN FRIED CHICKEN Chips and Baked Beans or Peas	FRIDAY FAVOURITES BBQ QUORN BITES with Chips and Baked Beans or Peas 🌱	

 Vegetarian
  Vegan
  Oily Fish
  Wholegrain
  Nutritionist's Choice
 Our menu is subject to change.