



# HEADLANDS HEADLINES

27/09/2024

## Message from Mrs Stamford

This week a selection of our students have taken part in a Beat Box workshop which they performed at Bridlington Spa.

The whole process from rehearsal to performance was absolutely sensational. Congratulations to the very talented performers on embracing new opportunities and going outside of their comfort zone to bring something different to their skill sets.

Also this week Senior Leaders and Heads of Departments have been looking at the Quality of Teaching & Learning throughout the school. There have been some truly inspiring lessons throughout the school and the students have been absolutely fantastic, engaged and dynamic in their lessons showing a real thirst for learning and knowledge across a wide variety of subject areas. We are so proud of the Teaching & Learning within Headlands

School - well done to all involved!

A reminder that Year 11 Parents Evening is on 10 October, with presentations from Mr Woolley on revision techniques and Mr Harah on Sixth Form opportunities. This is an in person event but appointments with subject teachers should be made via the Edulink App.

Mrs Stamford  
Head of School

## Year 11 Shine Summit

Year 11 finished their Shine Summit last Wednesday. They enjoyed discussing careers, revision techniques and ways to relieve stress! They have loved the Shine experience over the last 3 years and have gained a lot from the team.



Follow our Social Media Pages for school news and updates!



Headlands School



@headlands.school



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## Mrs Bone's Newsflash

A big "thank you" to all the parents who have put themselves forward for our Parent Governor vacancies - we have never had so much interest! As a School Governor myself for a large primary school in Scarborough, I know first hand what this voluntary role requires in terms of personal commitment and responsibility. The team of Governors and I here at Headlands School will certainly look forward to welcoming the successful candidates to

our Governing Board and the positive contributions they will make to our school. Please remember to complete your Ballot Paper! Every vote really does matter.

In the next couple of week's we will be hosting our Sixth Form Open Evening, alongside our Year 11 Parents Evening. If you would like to hear first hand what our Sixth Form is like please check out our

Facebook page and hear from Leon Cole, this year's Headlands Scholar - he shares his experiences in a short video.

Have a good weekend,  
Mrs Bone  
Executive Headteacher

## Hip Hop Musical!

Congratulations to our students who performed on stage at the Spa in the Hip Hop musical! You were all fantastic and gave amazing energy. Well done to Tom, Chris, Jacob and Bea who all performed solo sections!

Such a fun experience working in a professional company! Thanks to Arcade Theatre who gave our students the opportunity in the first place. - Mrs Morgan



## Headlands ARC Update

We are always looking for ways to reward students in the ARC for the positive actions and choices they make during lessons. Students earn stamps in lessons for demonstrating a positive attitude to learning and engaging with tasks set. These stamps help us to identify our KS3 and KS4 students of the week – these are students who are consistently making the right choices in the classroom every day. Students can also earn super stamps for outstanding pieces of work. Students feel proud of their achievements and are keen to be recognised and show off their efforts to staff.

Students also earn recognition for their consistent attendance in school on a weekly basis. Our rewards in the ARC allow our students the opportunity to participate in planned activities throughout the year. Some of the places we have taken our students include Flamingo Land, Big Fun and Ninja Warrior UK. We also have an ongoing partnership with the Bridlington Wildlife Park where we have taken students on a weekly basis.

Simon Abbotts – Head of School – Headlands ARC



# HEADLANDS REWARDS



## LLOYD DOWSON SCHOLAR ACHIEVEMENT AWARD



YEAR 7

YEAR 8

YEAR 9

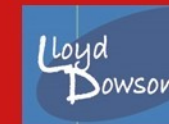
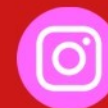
YEAR 10

YEAR 11



## SLT TOKEN AWARD





# HEADLANDS SCHOOL PARENT WEBINARS

As we start the Autumn term, we are excited to be launching a new initiative which I hope will further help you to support us with your child's well being and progress.

Throughout the year, we are providing you with the opportunity to attend a wide range of webinars which will encompass all aspects for school life including learning behaviours, progress, student wellbeing and support for life after Headlands.

Here is the calendar of webinars and further details will be provided at the start of each half term of these sessions and you will be reminded of them, along with the links to join.

Please can we encourage you to attend these throughout the year as they signpost different key points in your child's academic learning and are led by different senior staff in the school. If you have questions during the webinar, you will be able to ask them live through a Google Form.

These sessions are replacing the previous Parent Forum meetings.

Date and Time	Summary of Webinar	Link to Join
17 October 2024, 4pm	What does learning look like at Headlands School? (Mr Woolley)	<a href="https://youtube.com/live/ojMo-TH-KWs?feature=share">https://youtube.com/live/ojMo-TH-KWs?feature=share</a>
14 November 2024, 4pm	What does good learning behaviour look like? How does my child earn rewards? (Mr Stamper and Mr Cooke)	<a href="https://youtube.com/live/0IJNHk0r1xY?feature=share">https://youtube.com/live/0IJNHk0r1xY?feature=share</a>
21 November 2024, 4pm	What does good learning behaviour look like? How does my child earn rewards? (Mr Harah)	<a href="https://youtube.com/live/zxqb7XP8Ylw?feature=share">https://youtube.com/live/zxqb7XP8Ylw?feature=share</a>
28 November 2024, 4pm	How do I support my child to revise? (Mrs Rogers)	<a href="https://youtube.com/live/tUhhA9goFi0?feature=share">https://youtube.com/live/tUhhA9goFi0?feature=share</a>
30 January 2025, 4pm	What does progress look like for my child? (Mrs Roberts)	<a href="https://youtube.com/live/VUYsdQpYQnE?feature=share">https://youtube.com/live/VUYsdQpYQnE?feature=share</a>
30 January 2025, 4.30pm	What does progress look like for my child? (Mrs Roberts)	<a href="https://youtube.com/live/bySk2rcvioQ?feature=share">https://youtube.com/live/bySk2rcvioQ?feature=share</a>
13 February 2025, 4pm	What does progress look like for my child? (Mr Harah)	<a href="https://youtube.com/live/xKUxUWgimJI?feature=share">https://youtube.com/live/xKUxUWgimJI?feature=share</a>
13 February 2025, 4.30pm	What to expect from mid year assessments. (Mr Harah)	<a href="https://youtube.com/live/9U4NKsdqjG0?feature=share">https://youtube.com/live/9U4NKsdqjG0?feature=share</a>
20 March 2025, 4pm	How do I support my child with SEND? How does Headlands School support my child with SEND? (Mr Walton)	<a href="https://youtube.com/live/9jXkMeJLx6w?feature=share">https://youtube.com/live/9jXkMeJLx6w?feature=share</a>
3 April 2025, 4pm	How do I support my child with applying for their next steps after Year 11? (Mr Stamper)	<a href="https://youtube.com/live/uhMr27Hov7k?feature=share">https://youtube.com/live/uhMr27Hov7k?feature=share</a>
15 May 2025, 4pm	How do I support my child's mental health and revision during examinations? (Mrs Stamford)	<a href="https://youtube.com/live/WfrX8YDaxG0?feature=share">https://youtube.com/live/WfrX8YDaxG0?feature=share</a>
3 July 2025, 4pm	How can I support my child to continue to learn over the Summer? (Mr Woolley)	<a href="https://youtube.com/live/H6Z9sWeL5CY?feature=share">https://youtube.com/live/H6Z9sWeL5CY?feature=share</a>
3 July 2025, 4.30pm	How can I support my child to continue to learn over the Summer? (Mr Woolley)	<a href="https://youtube.com/live/EfkJP7w4KmM?feature=share">https://youtube.com/live/EfkJP7w4KmM?feature=share</a>
10 July 2025, 4pm	How do I prepare my child for their next steps? (Mr Stamper)	<a href="https://youtube.com/live/fJp8_-jaGEO?feature=share">https://youtube.com/live/fJp8_-jaGEO?feature=share</a>

# What Parents & Educators Need to Know about

# INSTAGRAM

AGE RESTRICTION  
**13+**

Instagram is a highly popular social media platform with over 2 billion active monthly users. The app is continuously updating and adding new features to meet the wishes of its audience, allowing them to upload images and videos to their Instagram feed, create interactive 'stories', go live, exchange private messages or explore and follow other accounts that catch their eye.

## WHAT ARE THE RISKS?

### ADDICTION

Many social media platforms, Instagram included, are designed to keep us engaged on them for as long as possible. They encourage scrolling often and scrolling more in case we miss something important – in essence, a fear of missing out. On Instagram, young people can lose track of time when aimlessly scrolling and watching videos posted by friends, acquaintances, influencers and possibly strangers.

### UNREALISTIC IDEALS

Children sometimes compare themselves to what they see online: how they look, how they dress, and the way their life is going in comparison to others on social media. However, most people only share the positives about their lives online and many use filters when sharing pictures of themselves. A constant comparison with unrealistic ideals can lead to insecurity over one's own appearance and lifestyle.

### GOING LIVE

Livestreaming on Instagram allows users to connect with friends and followers in real time. Risks increase if the account is public, because that means anyone can watch the broadcast, which could result in further contact from strangers. Additional dangers of going live include an impulse to act inappropriately to draw more viewers, as well as being exposed to harmful content or offensive language.

### INFLUENCER CULTURE

Social media influencers are sometimes paid thousands of pounds to promote products, services, apps and more. When celebrities or influencers post such content, it often says 'paid partnership' above the post. In April 2024, Ofcom found that over a quarter of children (27%) believed in influencer marketing, accepting their endorsement of products wholeheartedly. So it's perfectly possible for young people to be taken in by this kind of content.

### PRODUCT TAGGING

Product tags allow users to tag a product or business in their post. This tag will take viewers directly to the product detail page on the shop where the item can be purchased. Children may also be encouraged by influencers to purchase products that they advertise.

### EXCLUSION & OSTRACISM

Youngsters are highly sensitive to feeling excluded, which comes in many forms: not receiving as many 'likes' as expected; not being tagged in a friend's photo; being unfriended; not receiving a comment on their post or a reply to a message they sent. Being excluded online hurts just as much as offline. Young people have reported lower moods and self-esteem when excluded in this way, feeling as if they don't belong and aren't valued.

## Advice for Parents & Educators

### AVOID GOING PUBLIC

If a young user wants to share their clothing style, make up or similar and use product tagging to show off the items in their post, they may be tempted to change their settings to public. This leaves their profile visible to everyone, which carries the risk of strangers getting in touch with them. Set a child's account to private and explain the importance of keeping it this way.

### HAVE AN OPEN DIALOGUE

Talk to children about the positives and negatives of social media, including the risks involved and how they can view or create content safely with family and friends. Explain how safety settings will ensure only followers can view them, and why this is so important. Also, if you find a child continuously uses filters on their photos, ask them why and impress on them that they don't need it.

### MANAGE LIKE COUNTS

Due to the potential impact on mental wellbeing, Instagram allows users to hide the total likes on their posts, to prevent people from obsessing over that number in the corner. Users can hide like counts on all the posts in their feed as well as on their own posts. This means others can't see how many likes a person gets. This can be done by going into Settings > Notifications > Posts > Likes > Off.

### USE MODERATORS

Instagram Live has implemented a mechanic called 'Moderators', meaning that creators can assign a moderator and give them the power to report comments, remove viewers and remove the ability for certain viewers to comment at all. Consider this if a child in your care wants to go live on the platform. It's also recommended to keep devices in communal spaces so you're aware if a child does go live or watch a livestream.

### FOLLOW INFLUENCERS

Following influencers will allow you to monitor what they're sharing as well as being able to discuss anything which you deem inappropriate. Talk to children about who they follow and help them to develop critical thinking skills about what the influencer is trying to do. For example, encourage the child to ask themselves if an influencer is trying to sell them a product when they make a video endorsing it.

### BALANCE YOUR TIME

Instagram has a built-in activity dashboard that lets you control how much time is spent on the app. Make sure children sign in to the platform with the correct age, as Instagram's 'Teen Accounts' afford much more control for parents and carers over how long they can use the app each day. Talk with young users about how much time they spend on Instagram and work together to set a healthy time limit.

## Meet Our Expert

Dr. Claire Sutherland is an online safety consultant at BCyberAware. She has developed and implemented anti-bullying and cyber safety workshops and policies for schools in Australia and the UK. Claire has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviours of young people in the UK, USA and Australia.



#WakeUpWednesday

The National College