

Follow us:



ISSUE 32

21/06/2024

Headlands Headlines

Message from Mrs Stamford

Yesterday we said farewell to our Year 11 students in their leavers assembly. Our Year 11's have been the most amazing year group and we could not be prouder of them. They are a genuinely lovely group with each of them uniquely making the collective group a very special one.

We have been so impressed with the resilience and determination of the students who have attended consistently throughout this tough exam year and they have proved that they can dig deep and have shown their immense strength and resolve. We will truly miss them and look forward to seeing them at the prom on 5 July.



Our Duke of Edinburgh awards are also shaping up nicely with a successful exploration yesterday for a group of students.

George Tolson, who has been volunteering in a garden project at Martongate School, has spent hours completely transforming the garden area. He has shown such commitment to the project. Well done George on a fantastic achievement.

The majority of our Year 10's begin their work experience on 1 July, however, this week we have had a group of Year 10's attend their work experience on a residential with the Army. This is a fantastic experience and the students have thoroughly enjoyed their time. They have been challenged and pushed to achieve more than they thought they were capable of. Well done to all involved!

Thank you to all parents and carers for your support with ensuring our students are in the correct uniform in order to meet our expectations. This week we have seen a 60% reduction in the amount of comments given for incorrect uniform, visible mobile phones and expectations around punctuality which is absolutely fantastic as we head to the end of term.

Your ongoing support with the expectations around our behaviour policy is always greatly appreciated.

Mrs Stamford
Head of School

Headlands Darts Championships

The competition really hotted up in this round as participants showed their qualities with the trophy in mind. Some very big players exiting very early into the tournament. Firstly Freddie Rowntree with his new darts couldn't get them going and was beaten convincingly by Ramsay Waite in his first match of the tournament. Archie Wallis survived a scare by Nicholas Traves to come back and put his name into the hat for the quarter finals. In another comeback for the ages, Ethan Gadd checked out 64 in the deciding leg to beat a sorry Alfie Grange. But in the game of the round, Braidan Gregson won his first match of the tournament and completed an astonishing victory over Owen Gadd who had hit three T20's in defeat! What a performance.

It is all to play for.

Round of 16 results: Ramsay W 2-0 Freddie R, Ryan G 2-0 Haiden R, Lewis W Default win, CJ L 2-0 Lucas P, George T 2-0 Noah H, Ethan G 2-1 Alfie G, Braidan G 2-0 Owen G, Archie W 2-1 Nicholas T

Year 10 Army Trip

A great week for our Year 10's as they had a taste of what the army is like! Participating in challenges such as: ambushes, flanking the enemy, responding to an attack, setting up camp outside (and sleeping there!), rock climbing, obstacle course (where the star of the show was obviously Mr Chapman) and team building activities throughout. Not only did they enjoy all of this but have worked on copious amounts of character traits. Determination and resilience are values that we pride ourselves on at Headlands School and the lads have shown a tremendous amount of these this week, hoping to bring this back home for the future.



Follow us:



ISSUE 32

21/06/2024

Headlands Headlines

Mrs Bone's Newsflash

This week we received some fabulous news in terms of the future of fishing at Headlands! Firstly the Bridlington Lions have agreed to sponsor our brand new Angling Club - thank you so much. Secondly we met with representatives from The Angling Trust and Reel Education with regards to setting up an Angling Club.

Not only will students be able to experience the great outdoors and the joy of fishing but there is also an opportunity for students to gain coaching qualifications and then pass on their new skills to other young people.

As keen anglers ourselves Mr Allen (ARC teacher) and I are so excited about this opportunity

for students. The commitment these organisations are making to our school and our students is amazing and we really can't wait to report back to you on all future catches!

Have a good weekend
Mrs Bone

Crochet Project

Ahead of our big reveal of our secret Crochet project, we had the pleasure of having local Crochet Designer, Donna Browne from Baby Crochet Designs come to visit. Donna and Mr Frankish ran a workshop for both students and staff. All students could do the introductory chain stitch. Next week we will have session two, learning how to develop these into granny squares.

It is not too late to get involved, we are running this again next Thursday in Room 24. I would also like to thank all parents, carers and members of the local community for all their donations. We hope you will like what is to come! - Mr Frankish



Bridlington Pride Event

Last Friday, the Art Department ran a workshop to create display materials and artworks for this year's Pride event at Bridlington Spa. I think you'll all agree that the students have done an amazing job and it will all look brilliant at the event along with the blocks that we made last year. - Miss Ward



10 Top Tips for Parents and Educators

PROMOTING PHYSICAL WELLBEING

Physical activity isn't only beneficial for our bodies; it also plays a role in promoting mental wellbeing. With both the Euros and the Olympics this summer, it's an opportunity to engage young people in regular exercise which can reduce stress, improve mood and boost self-esteem. Despite these benefits, many children face barriers to participating in physical activity.

1 MAKE IT FUN

Incorporate activities that children enjoy, such as playing games or dancing. Encourage participation in team sports or group activities to foster social connections and a sense of belonging.

2 MIX MOVEMENT WITH LEARNING

Educational settings can incorporate movement breaks and physical activities to enhance focus, concentration and cognitive function. Embedding exercise into the curriculum can also reinforce learning and stimulate creativity. 'Revision walks' with podcasts and flashcards can benefit older learners.

3 CREATE OPPORTUNITIES

Provide clear chances for physical activity throughout the day, both indoors and outdoors. Schools can encourage active play during breaks and at lunchtimes, while limiting screen time at home can help keep children up and about.

4 PROVIDE POSITIVE REINFORCEMENT

Praise and encourage children for their efforts and achievements in physical activity. Recognise their progress and celebrate their successes to reinforce positive behaviours. Educators could do this in several ways, such as applauding their efforts at assemblies or celebrating their accomplishments in newsletters.

5 VARIETY IS KEY

Introduce a selection of physical activities to keep children engaged and prevent boredom. From swimming and cycling to yoga and martial arts, trying different types of exercise can help children to discover what they enjoy most.

6 ENJOYMENT OVER COMPETITION

Encourage children to focus on the enjoyment of physical activity rather than winning or achieving perfection. Emphasise effort, improvement and having fun rather than outcomes, to minimise the amount of stress that children can sometimes associate with sports and other competitions.

7 SET REALISTIC GOALS

Help children set achievable physical activity targets based on their interests, abilities and preferences. Celebrate their progress and successes to maintain motivation and enthusiasm.

8 MAKE IT ACCESSIBLE

Ensure that children have access to safe, suitable spaces for exercise at home, at school and in the community. Advocate for inclusive environments which accommodate diverse needs and abilities. Be a change maker in your community if facilities aren't already available.

9 LEAD BY EXAMPLE

Parents and carers can be positive role models by prioritising their own exercise and involving children in their fitness routines. Gentle walks, bike rides or sports activities can be wonderful opportunities for bonding and staying active together.

10 ENCOURAGE PERSISTENCE

Help children develop resilience and perseverance by encouraging them to overcome challenges and setbacks in physical activity. Teach them the importance of perseverance and the value of effort in achieving their goals.

Meet Our Expert

Adam Gillett is a learning and development specialist who, as well as working for Minds Ahead, is associate vice principal for personal development at a large secondary school in Barnsley. He was asked to be part of an expert research group for the Department for Education, one of only three school leaders to be asked to do so.



#WakeUpWednesday®

The National College®