

WEEK 1 MENU

W/C: 20/11 , 11/12 , 01/01 , 22/01 , 12/02

CHOICE
One

CHOICE
Two

GRAB & GO
OPTIONS

MON	Traditional Cottage Pie  Served with Vegetables and Gravy	Vegetarian Sausages  Served with Mashed Potato, Vegetables and Gravy
TUE	Spicy Chicken Pitta Served with Chipotle Wedges	Plant Ball Marinara Melt    Served with Wholewheat Pasta and Vegetables
WED	Honey Roasted Ham and Mash Served with Vegetables and Gravy	Sweet Chilli Noodles  
THUR	Smokey Chicken Pasta Bake Served with Salad	Vegetarian Sausage Casserole  Served with Mashed Potato and Vegetables
FRI	Southern Fried Chicken Goujons  Served with Chips, Peas and Baked Beans	Mac & Cheese Pot  Served with Chips and Peas

WEEKLY SPECIAL

- **Roasted Indian Chickpea Salad**  ●

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad  

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich 
Ham Baguette
Cheese & Tomato Baguette 

WRAPS:

Tuna Crunch Wrap 
Pepper and Houmous Wrap  

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza
Love Joe 's Mexican Burrito














WEEK 2 MENU

W/C: 06/11 , 27/11 , 18/12 , 08/01 , 29/01 ,
19/02

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

MON	Cheese Burger Served with Garlic and Herb Bread and Vegetables	Vegetarian Mexican Tortilla Pie   Served with Wholegrain Rice and Vegetables
TUE	Beef Lasagne   Served with Garlic and Herb Bread	Yellow Vegetable Curry    Served with Wholegrain Rice and Vegetables
WED	Roast Turkey Served with Roast Potatoes, Two Vegetables and Gravy	Veggie Burrito  Served with Chipotle Potato Wedges
THUR	Chicken and Vegetable Tikka Masala   Served with Wholegrain Rice and Sweetcorn	Vegetarian Lasagne    Served with Garlic and Herb Bread
FRI	Southern Fried Chicken Goujons  Served with Peas and Baked Beans	Vegan Sausage Roll  Served with Chips and Vegetables

WEEKLY SPECIAL

• Moroccan Chicken Salad  •

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad   

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich 
Ham Baguette
Cheese & Tomato Baguette 

WRAPS:

Tuna Crunch Wrap 
Pepper and Houmous Wrap  

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza
Love Joe's Mexican Burrito

WEEK 3 MENU

W/C: 13/11 , 04/12 , 25/12 , 15/01 , 05/02

FOOD UNION

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

MON	BBQ Pork Meatballs 🍷 served with Pasta, Pizza Pinwheel and Green Beans	Cauliflower Mac'n'Cheese 🌱 🌿 🍷 Served with Pizza Pinwheel and Salad
TUE	Teriyaki Chicken Soul Bowl 🍷 🌿 Served with Pineapple Rice, Crunchy Slaw and Peas	Vegan Chilli 🌱 🍷 🌿 Served with Wholegrain Rice and Peas
WED	Roast Beef 🍷 Served with Roast Potatoes, Vegetables and Gravy	West African Vegetable Rice 🌱 🌿 Served with Roast Potatoes, Two Vegetables and Gravy
THUR	Sticky Chicken and Vegetable Noodles 🍷 Served with Wholegrain Rice	Sweet and Sour Vegetables 🌱 🍷 🌿 Served with Wholegrain Rice
FRI	Southern Fried Chicken Goujons 🍷 Served with Chips, Peas and Baked Beans	Mexican Loaded Wedges 🌱 Served with Peas and Baked Beans

WEEKLY SPECIAL

• Sweet Chilli Chicken Noodle Salad •

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad 🌿 🍷 🌱

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich 🌱
Ham Baguette
Cheese & Tomato Baguette 🌱

WRAPS:

Tuna Crunch Wrap 🌿
Pepper and Houmous Wrap 🌱 🌿

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza
Love Joe's Mexican Burrito