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# Headlands Headlines

## Message from Mrs Stamford

Can you believe we are already half way through the first half term - how did that happen?! Our Year 7 cohort seem to have settled into their secondary school routines very well. There will be a Year 7 settling in evening for Year 7 on 19 October.

On Friday night last week, I had the absolute pleasure of attending Headlands Sports Awards Evening. What a fantastic event with a variety of successes from students of a wide range of talents and abilities being celebrated. Hopefully you have seen some of the wonderful photographs of the evening shared on our social media pages.

We had our second Year 6 open event last Saturday morning with record numbers attending, thank you for your support- particularly to those older siblings for showing their little brothers and sisters around, we hope you enjoyed your time with us.

Last night we held our Year 11 Revision evening, the evening was a real success with a great turnout. Thank you for attending this important event. Year 11 attendance at P6 has been overwhelmingly positive. We are all really proud of the fabulous start Year 11 have made to their exam studies. Keep up the great work Year 11!



Next week Year 9 are going to Danes Dyke to aid their fieldwork tasks. We hope they find the experience useful, keep a check on social media for some photos!

Mrs Stamford.  
Head of School.

## Mrs Bone's Newsflash

Next week I am in Warwick for my first Association of School and College Leaders Council Meeting of this academic year. It is always a privilege to attend these meetings and represent the views of school leaders and their school communities. Our main agenda items are the recruitment and retention of teachers (something I am pleased to report we don't struggle with), the current

accountability system (and how it could be better) school funding (because there just isn't enough money in the system) and finally curriculum and assessments (do they remain fit for purpose at key stage 2, 4 and 5?).

It will be an intense and busy two days but is always an incredibly useful opportunity to gain insight into current and future political

policy decisions and as a result ensure Headlands School remains "ahead of the curve" in our future planning for our students' great educational provision.

Have a good weekend,  
Mrs Bone  
Executive Headteacher

## Walking For Wellness

**Freya Bibb and Kira Robson (Year 7) have appeared in the Bridlington Echo. They have set up a group called Walking For Wellness (Bridlington) which raises money for local charities such as The Hinge Centre and helps people to improve their physical and mental health.**





# HEADLANDS



## Mental Health Support

Here are some national resources to support both parents and students with their mental health. Headlands School recommends and encourages these charities for education and support.

**Mind** is a charity which provides advice and support to empower anyone experiencing a mental health problem.

[mind.org.uk](http://mind.org.uk)     0300 123 3393

**Young Minds** is the UK's leading charity fighting for children and young people's mental health.

[youngminds.org.uk](http://youngminds.org.uk)


**BEAT** is the UK's eating disorder charity and its mission is to end the pain and suffering caused by eating disorders.

[beateatingdisorders.org.uk](http://beateatingdisorders.org.uk)

The **NHS** website has information and support for your mental health.

[www.nhs.uk/mental-health](http://www.nhs.uk/mental-health)

**Samaritans** volunteers are available for anyone who's struggling to cope, or who needs someone to listen without judgement or pressure.

[Samaritans.org](http://Samaritans.org)     116 123

**Rethink** is a charity which helps people severely affected by mental illness to improve their lives.

[rethink.org](http://rethink.org)

There are further resources to help on the Headlands School Website under mental health and in the student planners. Please also feel free to contact Headlands School if you have any queries and let us know if you have concerns about your child's mental health so we can be aware of this.