ISSUE 2

15/09/2023

## **Headlands Headlines**

## **Message from Mrs Stamford**

This week has been a fantastic first full back for our students. The building has felt settled and Teaching and Learning is focused with students enjoying and thriving in their lessons.

This week we have held auditions for our School performance of Shrek. We can't wait to see this production and wish all the students involved lots of luck and we really hope you enjoy being a part of something amazing.

Our Peri music lessons are up and running. We do still have a few spaces left if anyone is interested in lessons for learning to play the Drums, Flute, Clarinet or the Saxophone. Please see Mrs Morgan for more information.

On Thursday some of Year 11 students visited Hull University as part of the Shine project that they have been involved in since Year 9. Congratulations to the students who graduated from this programme, we are incredibly proud of your ongoing commitment.

Next week P6 will launch for our Year 11 pupils. Mrs Rogers will be writing home with all of the information needed to ensure that students are supported in their GCSE year.

It is our open evening for prospective students on Thursday 21 September 6pm8pm and Saturday 23 September 10am-12pm. Applications for Year 6 students to join Headlands School next year are now open. We can't wait to meet you all next week!

Mrs Stamford Head of School

## Mrs Bone's Newsflash

This week I would like to take this opportunity to celebrate one of our new Year 7 student's fantastic sporting achievements -Tyler Choat. Last Friday he won the "First Boy Trophy" for the Bridlington Road Runners. It was four races in four weeks. Tyler completed a 2 mile hill race at Carnaby, a 1 and 1/2 mile beach race, flat mile and a downhill mile at Kilham. Tyler has won this twice before so to win it for a third time is amazing! With my assembly theme this week being "Believe and you can achieve" - Tyler, you are an inspiration to us all and keep

up the great determination and hard work! Next stop the Olympics!

Best wishes Mrs Bone



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Leo Chaperlin (Year 9) took part in a bike ride to raise money for the RSPCA charity and in total raised £165.00! Huge well done to Leo from everyone at Team Headlands!



Congratulations to Tyler Choat (Year 7) who won the First Boy Trophy for the Bridlington Road Runners Eddie Knapp Junior Challenge last Friday!

It involved 4 races in 4 weeks, a 2 mile hill race at Carnaby, a 1.5 mile beach race, a flat mile and a downhill mile at Kilham.





## Mental Health Support

Here are some national resources to support both parents and students with their mental health. Headlands School recommends and encourages these charities for education and support.

Mind is a charity which provides advice and support to empower anyone experiencing a mental health problem. mind.org.uk
Young Minds is the UK's leading charity fighting for children and young people's mental health. youngminds.org.uk
BEAT is the UK's eating disorder charity and its mission is to end the pain and suffering caused by eating disorders. beateatingdisorders.org.uk
The NHS website has information and support for your mental health. www.nhs.uk/mental-health
Samaritans volunteers are available for anyone who's struggling to cope, or who needs someone to listen without judgement or pressure. Samaritans.org
Rethink is a charity which helps people severely affected by mental illness to improve their lives. rethink.org

There are further resources to help on the Headlands School Website under mental health and in the student planners. Please also feel free to contact Headlands School if you have any queries and let us know if you have concerns about your child's mental health so we can be aware of this.