



# Headlands HEADLINES

ISSUE **28**

FRIDAY 12 MAY 2023

## Message from Mrs Stamford

I hope you had a lovely long weekend, we have had a super busy week this week in only 4 days.

Our Year 10 students have been on work experience with the army this week. Thankfully the not so warm weather has meant that the students have been able to take part in a variety of activities. They have really enjoyed their experience and it has been a fabulous opportunity for them.

Today our Duke of Edinburgh Bronze expedition is beginning up in the North Yorkshire Moors. This is a fantastic experience to gain skills in resilience, teamwork, planning and endurance. The students have been very excited about this expedition and we hope they really enjoy their time.

Year 11 and 13 have begun their revision timetable in preparation for the next 4 weeks which sees Year 11

sit an average of 25 exams. This is huge pressure which is not to be underestimated. Next week is Mental Health Awareness Week, the theme of which is anxiety.

"Anxiety is one of the most common mental health problems we can face. In a recent mental health survey we carried out around stress, anxiety and hopelessness a quarter of adults said they felt so anxious that it stopped them from doing the things they want to do some or all of the time. Six in ten adults feel this way, at least some of the time. On a positive note, anxiety can be made easier to manage." [www.mentalhealth.org.uk](http://www.mentalhealth.org.uk)

Anybody can access the website for further help and support.

Keep up with the latest on this Year's Mental Health Awareness Week. Follow us on social media.

Twitter: @mentalhealth

Facebook:  
@mentalhealthfoundation

Instagram:  
@mentalhealthfoundation

LinkedIn: @mental-health-foundation

Don't forget to use our campaign hashtags:

#MentalHealthAwarenessWeek

#ToHelpMyAnxiety

Finally thank you to our Year 6 intake for completing their admission forms. If you need any help with anything at all, please do contact us. We are very excited to meet you all in our transition meetings which will be starting over the next few weeks.

Mrs Stamford  
Head of School

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## Mrs Bone's Newsflash

Every year families decide, for lots of different reasons, to take their children on holiday during term time. By law you will all be aware I am not in a position to authorise school absence purely for the reason of a family holiday. If however you feel you have an exceptional circumstance please contact me prior to making any arrangements or taking any absence.

Any unauthorised absence is recorded on your child's attendance record. Parents / carers need to be aware this may result in the Local Authority deciding to take legal proceedings either through a Penalty Notice or

the Magistrates' Court. It is also worth noting the finances obtained from the Penalty Notices go to the Local Authority, not to the School.

In recent weeks several parents who have decided to take family holidays during term time have compared taking their children on holiday to staff striking. I would like to take this opportunity to clarify that when staff make the decision to strike they are not taking a holiday. They are not paid for the time they do not attend work. School staff are striking across the country

for fairer pay and fairer funding for schools.

Furthermore, like so many schools across the country with a financial deficit, we simply do not have the funds to support any Government staff pay increases - despite what the Government is saying in the Press.

Thank you for your continued support and any queries please do not hesitate to contact the School.

Best Wishes

Mrs Bone

Executive Headteacher

## Army Work Experience

