

# Year 8 PSHE

These lessons are subject to change and are delivered in a flexible order to best meet the needs of our students.

## Autumn Term

- *How to challenge discrimination*
- *The Issue of racism in the UK*
- *Religious Intolerance*
- *Radicalisation*
- *County Lines and Gang Violence*
- *The Different Types of Gambling*
- *Effective Communication*
- *Assertive, aggressive and Passive Communication*
- *Healthy Relationships*
- *Role of Friendship in Life*
- *Digital Romances and the Risks*
- *Strangers Online- Catfishing*
- *Online Behaviour (Recovery)*

## Spring Term

- *Living in a diverse society (Recovery)*
- *When relationships become unsafe (Recovery)*
- *Roles of friendships in wider life (Recovery)*
- *Healthy Friendships (Recovery)*
- *Keeping fit- Emotionally and Physically (Recovery)*
- *Purpose of Defibrillators (Recovery)*
- *Skills for Employment- Enterprising*
- *What are my choices?*
- *What are qualifications and how do they help me?*
- *Subjects and Future Careers*
- *Pressure to drink/smoke*
- *Status of Drugs and Classification*
- *Short Term and Long-Term Effects of drug use*

## Summer Term

- *Legal and Personal Consequences*
- *Family and Social Consequences*
- *Strategies for seeking help with drug use*
- *Influence of Advertisement on Consumers*
- *Cost and Benefit- Is it worth it?*
- *Consumer Rights- UK law*
- *Ethical consumerism*
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- *How the Police reduce risk?*
- *Parliament and the Monarch*