

Year 10 PSHE

These lessons are subject to change and are delivered in a flexible order to best meet the needs of our students.

Autumn Term

- *Healthy Relationships and Dating Abuse*
- *Sex, Gender and Sexuality*
- *STIs*
- *Consent and Misconceptions about Sex*
- *Contraception and Sex Shield's*
- *Maintaining good Sexual Health*
- *Issue surrounding Pornography*
- *HIV/AIDs (Recovery)*
- *Rape and Sexual Assault (Recovery)*
- *Self-Examination*
- *Employment Rights*
- *Work Experience*
- *Work Experience Expectations*

Spring Term

- *Health and Safety*
- *What placement is right for you?*
- *Harmful content (Recovery)*
- *Hate Speech and Online bullying (Recovery)*
- *How information is shared online. (Recovery)*
- *Benefits to Quitting Smoking*
- *Drink Responsibly*
- *Poor Diet and Health Risks*
- *Blood and Organ Donation*
- *CV Writing*
- *Interviews*
- *Online Presence*
- *Headlands A level*

Summer Term

- *Planning for Exams*
- *Procrastination and Concentration*
- *What to do on Exam Days*
- *Overcoming Test Anxiety*
- *How to Thrive Under Pressure*
- *How to and what to Vote for*
- *The Role of the Public Sector*
- *Local, Regional and International Governance*
- *UK Law: Legislature and Judiciary*