

## **ABOUT ME**

My name is Rianna.

I used to go to Headlands and now I work here.

#### SCHOOL RESULTS

I left Headlands in 2014. My grades were English (C), BTEC science (Merit), Maths (C), PE (B) and Statistics (C).

### WHAT I DID NEXT

I went on to Bishop Burton College and studied BTEC Level 3 Extended Diploma in Sport (Performance and Excellence).



## FAVOURITE MEMORIES

I have so many happy memories from Headlands, and Duke of Edinburgh was a highlight of mine, so much fun in the outdoors!

But my most memorable will always be getting awarded the Overall Physical Education Award and being named "the most all-round sporting athlete the school has ever seen". That was something special.

#### ABOUT MY JOB

I am currently a member of staff at Headlands School. I work in Student Services as a Support Services Assistant. My main role is Attendance Officer.

Before the pandemic, I was setting up my own Sports Therapy clinic in Bridlington, but due to current restrictions I have been unable to get fully started. This has given me the opportunity to work within the Headlands Team, which I am thoroughly enjoying.

When I was at Bishop Burton, I played rugby for Yorkshire U18s, North of England U18s and U18s North of England 7s Squad. I finished my course in 2016 and I was awarded a D\*DD.

I then received an unconditional offer to study Sports Science and Injury Rehabilitation at York St. John University, where I graduated in 2019.

During my time at university I progressed my rugby further and represented my county at Senior Women's level, played for a Premiership women's team and represented my country, playing for England Women's U20s. I am currently still playing Premiership Rugby for DMP Durham Sharks.

## **MY ADVICE TO STUDENTS**

Trust the process. There are going to be times where it's going to get tough, but trusting the process is such an important thing to believe in.

Be patient, but most importantly enjoy it. Enjoying the process makes your journey so much brighter.

# **PRIDE ASPIRE RESPECT**