



Headlands HEADLINES

ISSUE **19** FRIDAY FEBRUARY 5th 2021

Headteacher's message

Headlands School received some truly amazing news this week. We are delighted to announce that due to the generous commitment from our Headlands School Scholar Bursary donor, we have been informed we will be able to fund a further four university bursaries to the value of £30,000 each this Summer, and an additional two for every year up until 2026.

This is outstanding news! Mr Cooke (Assistant Head - Sixth Form) can now instigate the selection process for our Year 13 students. Something to celebrate at the start of 2021!

This week, as a school community, we virtually welcomed Ofsted back to Headlands School.

Over the course of Wednesday and Thursday, they reviewed key aspects of our school provision including our curriculum planning, Virtual School offer and how we are supporting all of our students during the national lockdown.

At this stage, I can report the feedback was positive and once

we are in a position to share the outcome letter with you we will.

In the meantime, on behalf of the Headlands School team, we would like to thank you, our parents and carers, for all your kind words via Ofsted's Parent View website. Your recognition of the hard work by the team here at Headlands School is truly appreciated after another busy and productive half-term.

Our fortnightly Engagement Updates have been well received by parents and carers and we trust that you welcome the feedback on your child's commitment to their learning.

As noted on the update itself, if parents and carers do have queries in respect of the update, please communicate with teachers via the school's main office who can pass on a message or email admin@headlandsschool.co.uk

We would politely ask you do not contact teachers directly. This allows us to effectively monitor all communication within school and helps to support and manage teacher workload.

90% of our students have engaged with our Virtual School, 100% of the time. This is simply brilliant!

As you know Friday 12th February is the last day of this half-term. All lessons on this day will be available on Google Classroom as resources only - there will be no live lessons.

This will allow teachers an opportunity to review their feedback on students' learning over the course of this half-term and ensure live lesson plans are adjusted and ready for the first week back.

Our in-school provision will continue to be open for those students attending - noting that lessons will not be live.

As such we anticipate students will finish school at 1.05pm. All students will be provided with a grab bag lunch and for those who require transport home, minibuses will be running.

Stay safe and well.

Sarah Bone

Harry Thomas

Last Friday, a much loved young man in the prime of his life, Harry Thomas, passed away following a road traffic accident.

Over the course of this week, social media has been filled with amazing tributes to Harry and the Bridlington community has rallied together and raised more than £5,000 in support of his family on a JustGiving page.

Our heartfelt condolences go out to Harry's family and friends at this time of sorrow.

I was delighted to hear about a brilliant idea by Leah-Rose Richardson (Year 7) who had asked to run an after-school bingo session to improve students' mental health.

Yesterday, 11 students and two members of staff joined the online game. Leah-Rose emailed everyone their own bingo card, ran the show

calling out all the numbers and even emailed everyone a certificate.

This is an amazing example of confidence, creative thinking and initiative. Well done Leah-Rose!

There will be another bingo session next Thursday at 3.30pm. Join the Google Classroom (code 5fkomis).

Support our Just Giving pages

Don't forget, Headlands School still has two appeals running.

To donate to our Care Package scheme, which is providing food and household goods to our families who need it most, visit www.justgiving.com/crowdfunding/headlandscarepackages

To donate to our appeal to buy laptops for students who still cannot access a device for their home learning during lockdown, visit www.justgiving.com/crowdfunding/headlandsitsupport



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Join the brand new #TeamHeadlands Running/ Walking/Cycling club using this Google Classroom code -rs6lzhx

Post your outdoor activities on the classroom and engage in discussion with other students, share tips and advice on how to make the most from your outdoor time. Every week there will be Amazon voucher nominations in the following categories:

Furthest walked.
Furthest ran.
Furthest cycled.
Highest increase in previous week's distance.



Please remember to exercise close to your home and with your household or one other person only. You can use any activity tracking app or device. If you do not have one then we can recommend Strava which is free to use.

We look forward to seeing everything you are getting up to on the classroom!

To stay motivated and to keep active during the lockdown, sign up to the new Team Headlands running, walking and cycling Google Classroom. The code is rs6lzhx

Don't forget there are lots of ideas for things to do in the Extra-Curricular Google Classroom, including the weekly Team Headlands Taskmaster challenge. The code to join is 5fkomis.

National Apprenticeship Week

Next week is National Apprenticeship Week. An apprenticeship is a real job where you learn, gain experience and get paid, giving you the right skills and knowledge needed for your chosen career.

It can take between one and six years to complete an apprenticeship and it is funded from contributions made by the government and your employer.

Useful links

www.apprenticeships.gov.uk/apprentices

www.gov.uk/apply-apprenticeship

www.amazingapprenticeships.com/apprentices/

<https://nas.vfairs.com/>

A parent pack can be downloaded at amazingapprenticeships.com/app/uploads/2021/01/Parent-Pack-Jan-2021.pdf

Book donations...and making the most of the library service

We would love to be able to include books in the Care Packages we are giving out to local families.

If you have any books for older children or teenagers at home that you no longer need, please consider donating them to Headlands, and we will pass them on.

You can leave books in the drop box at the Sewerby Road entrance to Headlands School.

Staying on the subject of books, East Riding Libraries have an extensive online collection available 24/7, of eBooks, audiobooks, magazines and local, national and international newspapers which can all be downloaded free with your library card.

Clear information on how to access these is available on the library catalogue at <https://library.eastriding.gov.uk/web/arena>

People need a library card number and a PIN number to be able to access these services.

To join the library online (it's free) or find out more about downloading items from the online library, visit eastridinglibraries.co.uk

Mental Health training for parents

Hull and East Yorkshire Mind is proud to be working alongside HeadStart Hull to offer free mental health training to parents and carers. Sessions are held over Zoom and will be held on these dates:

11th February (4:30pm - 6:30pm)
Aimed at anyone supporting young people and includes things like how to improve active listening skills and understanding the importance of boundaries.

26th February (4:30pm - 6:30pm)
Aimed at all adults who are supporting young people to improve their own wellbeing through the importance of sleep, diet, and exercise.

To register, contact headstarthull@hullcc.gov.uk



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Miss Boag was impressed by the brilliant work produced by Alex (Year 7) in English this week, writing a description of an old creepy house.

The Team Headlands PE staff will be picking one student from each year who has been showing great effort completing workouts at home during their online PE lessons. Well done to the first winners.

HARDEST WORKER IN THE ROOM

THIS WEEK'S WINNERS

- Year 7 Zachary Harries
- Year 8 Alex Harper
- Year 9 Ruby Smith
- Year 10 Toby Gee
- Year 11 Lola Hewitt



Gabrielle Remblance year 10



Lollipop Tree
1969
Wayne Thiebaud



World War II (Vanitas)
Audrey Flack
(b. 1931)



This week we are awarding the work done by Gabrielle for her current GCSE Art project.

Due to the guidelines set out by the exam board, unfortunately, GCSE and A Level work is not allowed to be shared online until after grades have been awarded.

Gabrielle's studies of Wayne Thiebaud and Audrey Flack have enabled her painting skills to come on a tremendous amount and she hands in work consistently and to a very high standard. Fantastic efforts through her remote learning. We are impressed with her excellent progress.

Congratulations Gabrielle.

An Amazon Voucher is on its way to you!

We had some wonderful submissions of work this week both in lessons and in the AOTW classroom. Some notable pieces were from Brooke Price and Millie Pilmoor (Year 8). On the right are some examples.

We are delighted to award Gabrielle Remblance, Y10, with this week's Artist of the Week. Gabrielle has shown exceptional progress especially in this lockdown period and has produced beautiful work in her artist studies, towards her GCSE coursework.





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Children's Mental Health Week

This week was Children's Mental Health Week and yesterday was #TimeToTalkDay. The charity Young Minds suggests parents spend 20 minutes having a conversation about mental health with your child. Below are some conversation starters you can use.

At the bottom of the page is advice from Young Minds about how to help children cope if they are feeling depressed.

Miss Peck has also added some activities for students regarding Children's Mental Health Week to the Headlands Extra-Curricular Google Classroom. The code is 5fkomis.



Questions to ask your child



What things are you looking forward to?

Is there anything you want to talk about?

When was the last time you were very happy?

What makes you feel calm?

How can you keep in touch with friends and family at the moment? e.g. Facetime, Whatsapp

What difficulties are you facing now?

What can I do to help?

Where is a place you feel safe?

What things would you like to do in the future?

Would it be helpful if we planned each day together?

Do you have any worries about the coronavirus?

Where in our home do you feel like you can have your own space?

What are you worried about when you lie in bed and can't sleep?

Can you think of anything fun that we can do at home?

How do you feel about things changing?

How do you feel about staying at home?

What have you enjoyed about today?

Try your best to speak to someone

Opening up about how you are feeling can be really tough, but it can help a lot. Try speaking to a friend, family or someone that you trust - this doesn't have to be face to face, sending a message or writing a letter can be just as good.

Don't be afraid to seek help

If you struggle with depression you may feel lonely, isolated and scared. It's important to know that there are lots of organisations out there that can help you, such as the GP, The Mix and MeetTwo.

Keep to a daily routine

If you are feeling depressed it can be difficult to keep to a routine - but getting enough sleep, eating a balanced diet, exercising a little and waking up at a regular time can really help to make you feel better.

Things can get better

It is important to know that how you are feeling now will not last forever, and that things can get better. Try your best to think of things that you can look forward to, or have a go at making a self soothe box.