



Headlands HEADLINES

ISSUE **10** FRIDAY NOVEMBER 20th 2020

Headteacher's message

I need to start this week's Headlands Headlines with a crucial reminder of the Government Guidance on COVID-19 Testing.

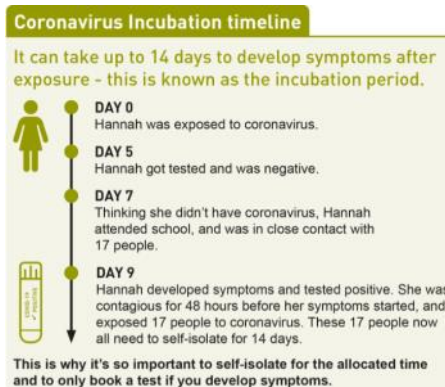
If you, or any member of your household is awaiting the results of a COVID-19 Test, everyone must self-isolate until the result comes back.

Self-isolation means:

- No-one can leave your home for any reason (including nipping to the shops, or walking the dog).
- Children cannot go to school, go out and meet friends or go to public places.
- No-one can go on public transport or use taxis.
- No-one can go to the shops.
- No-one can have family, friends or any visitors round to your home.
- Household members can get exercise at home or in your garden but you can't meet with neighbours over the fence.

Christmas, at the time of writing, is now only 35 days away! Wow. With this in mind, during school this week, colleagues and I have been discussing the practicalities and implications for staff, students and families of potentially undertaking Track and Trace, on behalf of Public Health England, in the run up to, and during the Christmas holidays.

To condense our discussion, we know that based on our recent experiences, if a member of our school community tests positive for COVID-19 from Thursday, 10th December onwards, and they have been in school 48 hours before developing symptoms, it is highly



likely the advice we will be given by Public Health England, is groups of individuals will be required to self-isolate for 14 days, and this could well include Christmas Day.

As it stands, we do not know what the Government may decide to do in respect of the national lockdown beyond Monday 2nd December and I am aware there is much speculation in the national media.

As such, we do feel as a school community, we can be proactive here and take a lead in trying to ensure as best we can, the Christmas holiday period is the best we can make it for the community of Bridlington - whatever circumstances we find ourselves in.

As a result, in the spirit of transparency, we would like to consult with parents / carers over the course of next week, via an online survey, to establish if there is indeed a consensus to put in place alternative plans for our student's education from Thursday 10th December.

Depending on the outcomes of this survey, we will then potentially need to consult with the Local Authority and the Department for Education before we can put in place any firm decision.

In the meantime, whilst we have Years 9 to 11 in self-isolation working from home, I can report to parents how amazing our students have been in positively engaging with their online learning. I acknowledge it hasn't been plain sailing, but where there have been concerns, we do appreciate the constructive feedback parents, carers and students have provided to the team.

Having a daughter on her second stint of 14-day self-isolation this week from her primary school, I am acutely aware of the pressures this places on normal family life. Keeping young people engaged and focused on learning whilst juggling the day job is no mean feat!

As such, I certainly feel incredibly proud of the work Headlands School teachers and Year Leaders have placed into making sure the online lesson experience is the best it can be for our students.

Making sure, if needed, Chromebooks are delivered for students, internet access provided and emotional support is available, is all in a day's work for our superb Year Leader team!

Furthermore, the lessons being delivered by our teachers ensure our students can continue to study their curriculum offer and do not fall behind in their studies.

Finally, a big thank you to our superb Support for Learning Team led by Mr Walton (Assistant Head - SENCO). They continue to adapt, tailor and modify their working practices to ensure that all our students with special educational needs continue to access the support they need, whether that is physically in the building, or virtually at home. Your dedication does not go unnoticed.

Stay safe and well.

Sarah Bone



Headlands HEADLINES

ISSUE 10

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Thank you

Children in need.



Our non-uniform day last Friday raised £344.40 for Children In Need.

Mrs Malarkey brightened up the whiteboard in her Geography classroom with a drawing of Pudsey Bear for the day.

This week's Bit Lit

Bit Lit is a project to promote a love of reading amongst our students, and a video is played to tutor groups every week.

This week's video is by Mrs Adams, who read her favourite part of Bram Stoker's Dracula over Halloween.

Students who are self-isolating can watch the videos on the school YouTube channel.

You can also watch videos from previous weeks, including those recorded by Year 10 students and a special video for Headlands students by award-winning author Tim Bowler.

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one platform of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.



With over 14 million daily users, Discord is one of the most popular communication tools for gamers. It allows you to create or join what are known as 'servers', where different users can talk in groups via text message or voice call. There is also the option to send direct messages and make video calls.

AGE RESTRICTION

13+

What parents need to know about DISCORD

INAPPROPRIATE CONTENT

Your child can access almost any chat server on Discord. This means they can easily be exposed to content and conversations that are inappropriate, upsetting or potentially harmful.



SEXUAL IMAGERY

Despite there being guidelines in place to prevent it, users are able to circulate adult content. This can include sexualised images, pornographic videos and provocative discussions. It's important to stay alert and know the risks that your child could be exposed to.



RISK OF CYBERBULLYING

Interactions on the platform are largely unregulated. This means other users can easily say and show things to your child that might be offensive and upsetting. The competitive nature of gaming can lead users to make abusive and harmful remarks about your child.



HIDDEN CHARGES

Though the basic platform is free, your child will be encouraged to sign up to premium subscriptions, which give extra perks, such as animated emojis and free games. The two options are known as Nitro Classic (which costs \$4.99 a month) and Nitro (which costs \$9.99 a month). Prices are only converted to pound sterling during the payment process.



RISK OF CYBERCRIME

Cybercriminal groups have been linked to the platform due to reports of hackers sharing stolen data. It's also possible that your child may be encouraged to share the data of their friends, either through peer pressure, or 'for fun', without realising the consequences.



STRANGER DANGER

To create an account, you only need to display a username and profile image. This makes it easy for someone to hide his or her real identity. Predators from anywhere in the world can join a chat server, message your child and quickly leave to avoid detection. Forbes reports governments have been targeting children susceptible to online coercion on the platform.



Top Tips to Protect Your Child

- 1 BEWARE OF WHAT'S SHARED**

Whatever your child says or shares on the platform can be seen, heard and shared with a much larger audience. Be careful to make sure your child understands this and does not say or share anything that could be deemed offensive, harmful or put themselves or others at risk.

You can find Discord's own guide for parents here: <https://blog.discordapp.com/parents-guide-to-discord-c7f691793e9c>


- 2 IMPROVE SECURITY SETTINGS**

To help protect your child, make sure they set strong passwords. You should consider using the two-factor authentication function for extra protection. It's also important to remind your child to never to share their personal information, or the details of another user.


- 3 CHECK THEIR FRIEND LIST**

You can restrict who is able to make friend requests to your child in the 'Friends' tab. It's a good idea to deselect the default option that allows anyone to connect. Of course, you should also talk to your child about why it's a risk to allow strangers to connect with them through such platforms.


- 4 REPORT & BLOCK SUSPICIOUS USERS**

Make sure your child knows how to report and block abusive or suspicious users. If you do find your child suffering repeated abuse, contact the platform directly using the email: abuse@discordapp.com. It's a good idea to teach your child how to screenshot any negative interactions too.


- 5 BEWARE OF NSFW CONTENT**

Public forums on the platform are a potential venue for inappropriate content that you should be wary of. There is a Discord mascot known as 'Wumpus', which is supposed to represent anyone under 18. Anyone who posts content unsuitable for under-18s, should mark it NSFW (Not Suitable For Wumpus).


- 6 SHOW RESPECT TO OTHERS**

It's important you actively teach your child to treat other users with respect and behave online the same way as they would offline.

Take the time to read through Discord's Community Guidelines with your child. Find them at: www.discordapp.com/guidelines



7 TURN ON SAFE MESSAGING

You should encourage your child to activate the 'Safe Direct Messaging' option. This will scan and delete any direct messages sent to your child containing explicit content.



Meet our expert

Claire Woffenden has been a technology journalist since 1998 with a specialism in consumer technology (apps, websites, home computing and digital devices). As a Mum of two young children - aged 8 and 6 - Claire is passionate about helping to keep children safe online.



SOURCES: <https://support.discordapp.com/en-us/faq/18701882222> has a 14-day grace period; <http://www.dailymail.co.uk/technology/article-4526241/youngster-requests-for-funny-online-games.html>; <https://www.polygon.com/news/767232/discord-dapp-gaming-the-1000-hour-week-holding-parity>; <http://www.facebook.com/theadvertiser/2018/12/26/discord-the-3-dapp-gaming-paradise-coming-to-the-1000-hour-week/>; <https://www.fox.com/news/767232/discord-dapp-gaming-the-1000-hour-week-holding-parity>

www.nationalonlinesafety.com Twitter - @natonlinesafety Facebook - /NationalOnlineSafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 08.05.2019

Learn more about Discord

This advice for parents has been produced by National Online Safety about Discord, a new communication tool which already has 14 million users.

A pdf version of this poster, which parents can print out, is available to download on the Headlands School website, alongside lots more e-safety advice.



Headlands HEADLINES

ISSUE **10**

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YOUTH SPORT TRUST

After School Sport Club
Weekdays – 5pm

#YSTAfterSchool



Poetry competition

Many children and young people across the UK will be missing out on their usual sport clubs.

The Youth Sport Trust's After School Sport Club will be led by athlete mentors from different backgrounds, abilities and sports.

Every day at 5pm until 18th December, children and young people can join in with the live

broadcast for free on its YouTube channel.

The daily themes are: Adventure Monday, Tuesday Play, Wild Wednesday, Thinking Thursday and Fun Friday.

Find out more at <https://www.youthsporttrust.org/AfterSchoolSportClub>

Some Team Headlands students are submitting entries to a poetry competition run by Young Writers.

Young Writers is looking for students to write a poem 'on the theme of 'Imagine'. Anyone from Year 7 up to Year 13 can take part.

Find out more about the competition at www.youngwriters.co.uk/competitions/KS3-4/imagine

One of the entries we have received so far is from Leah in Year 7. Miss Wilde said: "I am so proud of Leah's hard work. Her poem 'Anxiety' is very moving. Well done Leah!"

Anxiety

Imagine if you were invisible,
And nobody knew you were there.
Imagine if you had anxiety,
And you thought that no-one would care.

Imagine if you knew the feeling,
Of waking up every day,
And feeling all this anxiety,
And not knowing what to say.

Imagine if your voice was heard,
By people all around you.
Parents teachers, friends and more,
Will support you all the way through

Anxiety is difficult to see,
But I know it is always there.
So remember that you're not invisible,
And that I will always care.

Sports Awards



Last week, we announced the winners of our 2020 Team Headlands Sports Awards on our Facebook page.

The winner of the Team Headlands Sportsperson of the Year Award was Chloe Stevens.

You can watch videos about our brilliant winners on the school website, on the Facebook page or on the school YouTube channel.



Headlands HEADLINES

ISSUE **10**

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Artwork gets the stamp of approval



Here is a selection of some of the work completed as part of the Year 10 graphics project.

The brief was to create a commemorative stamp for how our country came together during our first Lockdown.

Miss Ward said: "Students chose to focus on a wide range of positives from the NHS clapping, to the increased wildlife seen, the Black Lives Matter Campaign, our appreciation of our one hour of daily exercise, all of our key workers, the hope that we stuck in our windows in the form of rainbows and our humour."

"Brad created a fantastic stamp that captures British humour perfectly, measuring the two metre social distance out in toilet roll. He has adapted this into a poster that will be displayed in all tutor rooms."



Parent Voice meeting

The first Parent Voice of this school year was held virtually earlier this month.

It was led by Mr Stamper and focused on transition. Thank you very much to

the parents who attended virtually for making it a productive and positive meeting. We appreciate your constructive support.

Parent Voice brought up the importance of

drinking water throughout the day in lessons.

We allow students to drink water in lessons, apart from in science labs and other areas where it is not appropriate.