



HEADLANDS SCHOOL
SINCE 1965

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Headteacher: Mrs Sarah Bone

16 October 2020

Dear Parent/Carer,

From all of us at Headlands School, we would just like to say a huge thank you to you all for supporting YoungMinds #HelloYellow day held on 9 October 2020 for World Mental Health Day.

2020 has not been the year we all imagined it would be, it has been tough. Lockdown and the closure of schools has had a devastating effect on children and young people's mental health. It has been unbelievably hard, but together, we have made a difference and shown young people they are not alone. At a time when it is needed most, your support meant volumes to us.

We had an amazing day filled with joy and colour, raising a total amount of £236.70 for YoungMinds. We brought the sunshine back to a cloudy year.

Statistically, three children in every classroom will have or develop a mental health problem by the age of 18, YoungMinds is leading the fight for a future where all young minds are supported and empowered, whatever the challenges. They exist to make sure young people get the best possible mental health support and have the resilience to overcome life's difficulties.

Thank you again for your support.

If you would like to learn more about YoungMinds, or seek advice on young people's mental health please visit www.youngminds.org.uk

If your child would like to speak to someone in school about this, please encourage them to reach out to an adult in school and Team Headlands will support them.

Yours sincerely,

Speck

Miss S Peck
Head of Religious Studies



youngminds.org.uk

:PRIDE :ASPIRE :RESPECT



The Schools Network
ParentalEngagement
QualityStandard

The Quality in Careers Standard >>>>