



HEADLANDS SCHOOL
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Dear Parents / Carers,

Year 10 tested positive for COVID-19

We have been made aware that a student has tested positive for COVID-19 within Year 10.

We know that you may find this concerning. We are continuing to monitor the situation and are working in partnership with the Local Authority, the Department for Education and Public Health England.

This letter is to inform you of the current situation.

Year 10 students have received an individual letter and will be staying at home in self-isolation for 14 days from and including **Saturday 26 September 2020** until midnight on **Saturday 10 October 2020**.

Headlands School remains open to all other Year groups and students should continue to attend if they remain well.

What to do if your child develops symptoms of COVID-19?

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-cornavirus-test-or-by-calling-119>.

All other household members who remain well must stay at home and not leave the house for 14 days. This includes anyone in your “support bubble.”

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

Symptoms of COVID-19

The most common symptoms of COVID-19 are recent onset of:

:PRIDE :ASPIRE :RESPECT



The Schools Network
ParentalEngagement
QualityStandard

 The Quality in Careers Standard >>>>

- **New continuous cough** - this means coughing a lot, for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)

and / or

- **High temperature** - this means you feel hot to touch on your chest or back - you do not need to measure your temperature

and / or

- **A loss of, or change in, normal sense of taste or smell** - this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- Wear a face covering (unless exempt)
- Wash your hands with soap and water often - do this for at least 20 seconds
- Use hand sanitiser gel if soap and water are not available
- Wash your hands as soon as you get home
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- Put used tissues in the bin immediately and wash your hands afterwards

Further information is available from <https://www.nhs.uk/conditions/coronavirus-COVID-19/>

Yours sincerely



Mrs S Bone
Headteacher